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LOT 171 - Pair - 25 LBS Each Cast Iron Plate Weight Plate for Strength Training and Weightlifting



Shipping Available Yes

Description

Pair - 25 LBS Each Cast Iron Plate Weight Plate for Strength Training and Weightlifting

Like new pair 25 LBS each.

Item Weight 5 Pounds

Material Iron

Brand Fitvids
Color Standard (2-Inch Center)
Manufacturer Powergainz

About this item

- Made of solid cast iron with a 2-inch center hole fits any olympic bar with diameter 1" or less; can be used with 1" dumbbell bars too
- All plates features a durable, black baked enamel finish to prevent the plates from rust and corrosion without any unpleasant odor
- Each plate has 3 large openings with strips on them for easy grip. labeled in both lb and kg for easy recognition
- Weight plates can be used to perform muscle strengthening exercises and endurance training, or to increase flexibility and balance

Quantity: 1



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