

Sale Name: Estates, Collectibles & NEW Amazon! | Online Auction - Jan. 22nd, 2025
LOT 172 - LIONSCOOL Premium 4.9ft Barbell for Strength Training and Olympic Weightlifting



Shipping Available No

Description

LIONSCOOL Premium 4.9ft Barbell for Strength Training and Olympic Weightlifting, 2 Inch Bar for Squats, Curls, Deadlifts, Presses, Hip Thrusts, 500LB Weight Capacity

**This bar is near new with little use or signs of wear!
\$100.00 Retail.**

Material	Alloy Steel
Brand	LIONSCOOL
Item Weight	14.5 Kilograms
Grip Type	Knurled
Product Dimensions	59.06"L x 1.97"W
Grip Size	28 millimeters
Weight Limit	250 Kilograms
Finish Type	Black
Manufacturer	LIONSCOOL

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About this item

- **Commercial Quality for Home & Gym:** Made of the same material as our Olympic barbells, our heavy duty 4.9 ft training bar will stand the test of time. The superior seamless steel was heat-treated to reach the weight capacity of 500LBS. The shaft and sleeves feature a unique black E-coat finish, delivering superb corrosion and oxidation resistance over time and a look that is stylish and aesthetic in your home gym.
- **Outstanding Spin:** Extra thick brass bushings and premium bearings in the sleeves makes for buttery smooth rotation. Snap ring retention system secure all the components of the sleeves for a lifetime. No more tightening the hex bolt end sleeves constantly.
- **Medium-Depth Knurling Provides Better Grip Feel:** 1.5mm deep diamond knurling with specially trimmed top offers enough gripping power while delivering comfortable grip feel. 28mm diameter shaft is easy to hold and one knurl mark at either side helps to place your hands at correct positions.
- **Specifications:** Full length is 58" (4.9ft); Weighs 28LBS; 500 pounds weight capacity; 87,000 PSI tensile strength; 28mm handgrip diameter; No center knurl; No knurl marks. Shaft length is 33.9"; Loadable sleeves are 10.4" long and 2" in diameter to fit Olympic weight plates.
- **Excellent Performance in All Your Workouts:** It is perfect for daily strength training and bodybuilding exercises that can be performed without the need of a power cage - bicep curls, upright rows, bent over rows, deadlifts, presses, hip thrusts, HIIT workouts, etc. Also, with its sleek all-black design, it is a gorgeous equipment for limited space home gym.

Quantity: 1



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