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LOT 205 - Athletic Works 40 LB Adjustable Dumbbell Set in Case



Description

Athletic Works 40 LB Adjustable Dumbbell Set in Case

The Athletic Works 40lb Adjustable Cast Iron Dumbbell Set is a versatile and effective workout choice for both beginners and advanced fitness enthusiasts. It features **solid cast iron construction with an enamel finish** and **includes four 6lb plates, four 2.5lb plates, two threaded solid dumbbell handles, and four spin-lock collars**. The adjustable design allows for various weight combinations, and weights can be gradually added as workouts intensify. **Ideal for home use**, this set does not require a lot of space for use or storage. The spin-lock collars secure the weights in place, ensuring a safe and efficient workout experience.

Quantity: 1



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